



## **Sheltering Tree Ranch Equine Program**

### Pricing

Private riding lesson- \$45

Group lesson of 2 or more- \$35 each (stipulations such as riding experience and volunteer availability apply to eligibility for group lessons)

Equine Assisted Therapy - \$50

### Cancelation Policy

Lessons will be canceled if chance of rain is more than 50% or excessive rain prior to lesson

Lessons will be canceled if temperature/ heat index is above 93F or below 50F

Lessons can be canceled due to circumstances such as injured or sick horses/ instructors

### What we provide vs what you should bring

During a typical lesson you will be provided with a helmet, a horse, and all necessary tack. We ask that you please wear cowboy boots with a heel or close toe shoes, jeans or long pants, and style hair so that it fits under a helmet. If you would like a lesson on your personal horse, you are responsible for transport of the horse to and from our arena.

### What to Expect

Each lesson includes a rounded approach that covers on the ground horse care and preparation such as feeding, grooming, saddling, leading, and safety as well as horseback skills such as mounting/dismounting, stopping, appropriate levels of pressure for asking a horse to move forward at the various gaits (walk, trot, lope), turning (neck reining and direct reining), balancing in the saddle with and without stirrups at various gaits, backing up, and executing riding patterns to test skills. Each area is broken down into levels and will be taught and mastered before moving on to the next level of riding.

After the completion of each level you will be rewarded with a prize!!

## Levels of Learning

- Ground Level 1
  - Be able to recite and maintain horse safety rules (see resources page)
  - Put on/remove halter with min A
  - Tie horse safely with min A
  - Independently (l'y) assembling a grooming kit
  - l'y groom the full body
  - Pick front feet with min A
  - Identify correct placement of saddle pad and saddle
  - Identify all level 1 tack parts (see resources page)
  - l'y lead horse in correct position
  - Feed horse treat with min A
- Horseback Level 1
  - Mount horse with min A from steps (remember to check your cinch!)
  - Identify and assume correct body position in saddle including shoulder, hip, heel alignment and hand position required for both neck reining and 2 handed riding
  - Use appropriate leg pressure to ask horse to walk forward (Start with light pressure always, then increase if horse does not respond)
  - l'y stop horse using reins and body position (sit back, say woah, pull reins)
  - l'y turn horse left and right using reins and leg pressure
  - l'y walk horse away from instructor around perimeter of arena in both directions
- Ground Level 2
  - l'y put on/remove halter
  - l'y tie horse safely
  - Pick up front and back feet with min A
  - l'y put saddle pad on horse
  - l'y tie cinch knot
  - Bridle horse with min A
  - Identify all level 2 tack parts (see resources page)
  - Identify order in which tack is taken off the horse (bridle, back cinch, breast collar, front cinch, saddle, pad)
  - l'y give horse treat
- Horseback Level 2
  - l'y mount horse from steps (remember to check your cinch!)
  - Maintain correct body and hand position for approx. 50% of lesson
  - Be able to post on correct vertical and sit a trot around entire arena
  - l'y perform cloverleaf barrel pattern at the walk and trot

- Ground Level 3
  - I'll retrieve horse from stall, tie, and groom
  - I'll pick all 4 feet
  - I'll saddle and unsaddle horse
  - I'll bridle and unbridle horse
  - I'll disassemble and clean tack/ reassemble following completion
  - Identify all level 3 tack parts (see resources page)
  - I'll put horse back in stall and feed horse (what feed and how much)
- Horseback level 3
  - I'll mount horse from ground (remember to check your cinch!)
  - Maintain correct body and hand position for entire of lesson
  - Be able to sit and post a trot without stirrups
  - Be able to pick up and identify correct leads at a lope
  - Lope entire arena both directions on correct leads
  - Execute multi-gait riding pattern

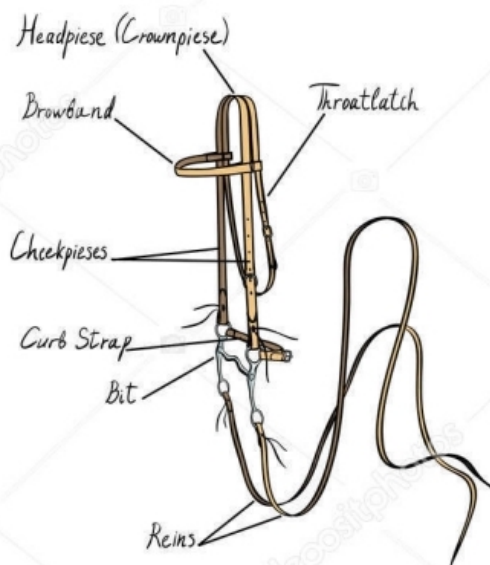
## Resource Page

### Horse Safety Rules

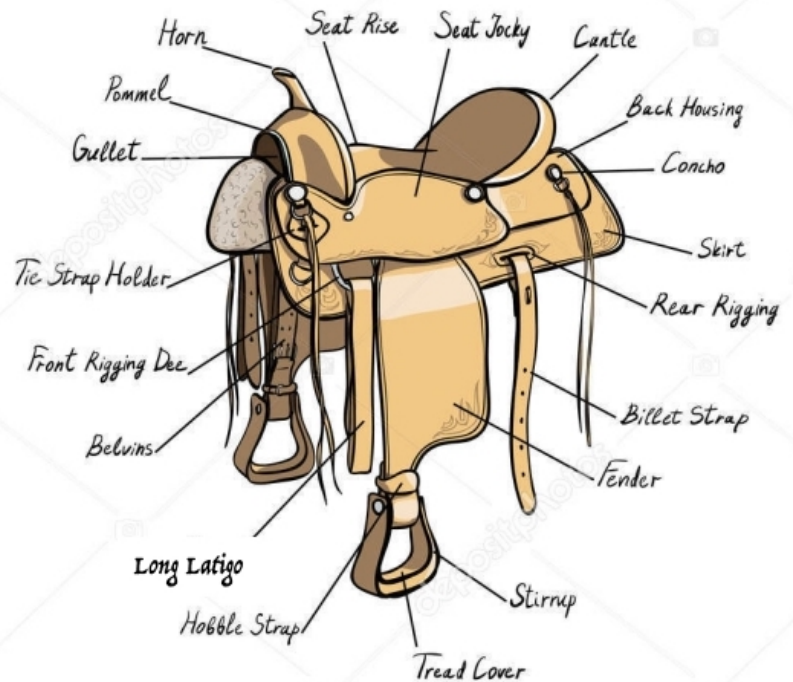
1. When going behind a horse to get to his other side, always let him know you're there by placing and keeping your hand on his behind as you walk closely around his backside.
2. Never run up to a horse, especially not from behind
3. Do not walk or stand behind the horse
4. When hand feeding a horse, keep your hand flat so he doesn't bite your fingers!

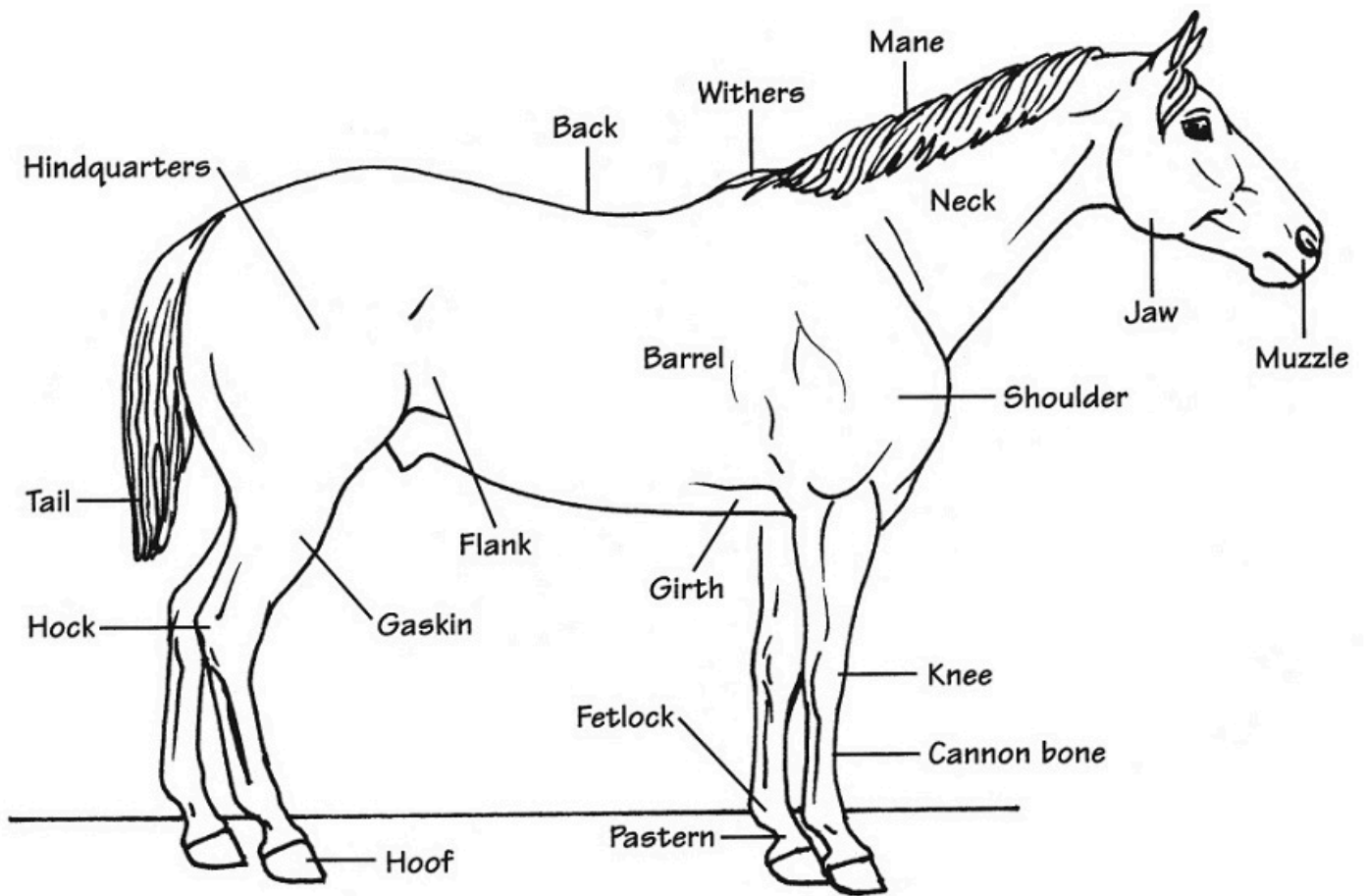
Western Tack parts		
Level 1	Level 2	Level 3
<b>Saddle Parts</b>	<b>Saddle Parts</b>	<b>Saddle Parts</b>
Horn	All parts from level 1 plus:	All parts from levels 1 & 2 plus:
Seat	Cantle	Back housing
Stirrup	Fender	Concho and saddle strings
Cinch/ girth	Latigo holder	Gullet
Long Latigo	Back/flank cinch	Fork/ swell
<b>Bridle Parts</b>	Breast collar	Dee rings
Bit	<b>Bridle Parts</b>	Skirt
Throat latch	All parts from level 1 plus:	<b>Bridle Parts</b>
Reins	Crown piece	All parts from level 1&2 plus:
Headstall	Brow band	Cheek pieces
		Curb strap

### Parts of the western bridle



### Parts of the western saddle





## Parts of the Horse Word Search

J D H I N D Q U A R T E R S D F A L N P  
 A B O Z Z E G J B M A C X H P K N E E A  
 W U C M P S N R F O O H T O F I P R V S  
 X M K G A H T P J C E K Q U D E Y B L T  
 A S I Z W M A N E T A I L L I O N A D E  
 G M F Z P I O G H Y M J N D X P T R I R  
 A Q E V C A N N O N B O N E C L E R S N  
 S R T H M S B K P W S I T R L A T E L W  
 K P L A C M R U E B A C K I N S A L G I  
 I P O K L F U P G R N K R V H N J P W T  
 N B C D E K C Z F A R L P G O E G J F H  
 D A K Z U L E T Z D H M I J P C J E A E  
 J S U D A Q V O P L N C A B D K V N Q R  
 F L A N K A B S T R E N L G I R T H Y S